

CENTRAL ILLINOIS CARPENTERS
HEALTH AND WELFARE TRUST FUND
200 S. MADIGAN DRIVE
LINCOLN, IL 62656
PH: 217-732-1919 FAX: 217-732-7799

May 2009

To: Eligible Participants and Covered Dependents

Please find enclosed the revised Plan Description that includes the Plan changes that went into effect January 1, 2008. These changes are listed below:

- Chiropractic Benefit is now a \$1,000 benefit maximum per calendar year.
- Physical Therapy benefit is increased to 15 visits per calendar year.
- Occupational Therapy benefit is now limited to \$2,500 maximum per calendar year.
- Speech Therapy benefit is now limited to \$2,500 maximum per calendar year.
- Mental Health Outpatient benefit is increased to 30 visits per calendar year.
- Substance Abuse Outpatient benefits is increased to 30 visits per calendar year.
- HPV Vaccine is now allowed under the Routine Wellness Benefit.
- Hearing Aid benefit is increased to \$1,500 every 5 years.
- Dental deductible is \$100 per individual with a cap of \$300 per family per calendar year.
- Short Term Disability (non-occupational) is now a flat rate of \$400 per week, up to 13 weeks.

Additionally, the Fund offers Wellness Benefits to all Eligible Participants and their covered dependents. You are encouraged to use these benefits as described in the Plan Description on pages 7 and 33.

If you have any questions regarding benefits, please call the Fund Office at (217) 732-1919 or visit the Fund's website at www.cichealth.org.

Sincerely,

Board of Trustees